

## Annual Coaching Seminar HUN 2017

### "Sports science - supporting handball"

Date	Venue	Starting time	Finishing time	Event	Presenter	Topic
June 09, 2017	Hotel Marina	7:30	9:30	Registration	Imola Hikáde	
June 09, 2017	Balatonfüred, Sports Hall	10:00	11:00	Practical	N.H.A.	Exercises for developing group activity (National Handball Academy, women).
June 09, 2017	Balatonfüred, Sports Hall	11:00	12:00	Practical	N.H.A.	Exercises for developing group activity (National Handball Academy, men).
June 09, 2017	Balatonfüred, Sports Hall	12:00	13:00	Practical	Zsolt Kopornyik	Proprioceptive training using unstable Bosu®equipment.
June 09, 2017	Balatonfüred, Hotel Marina	13:00	14:30	Lunch		
June 09, 2017	Balatonfüred, Sports Hall	14:30	15:30	Theory	Grega Karpan (SLO)	Digital match analysis and on-the-spot statistics.
June 09, 2017	Balatonfüred, Sports Hall	15:30	16:30	Theory	Botond Bakó	Planning training sessions and storing coaching material by using digital applications.
	Balatonfüred, Sports Hall	16:30	17:30	Practical	Imre Bíró	Goalkeeping - different styles and modern tendencies.
June 09, 2017	Hotel Marina Bar	19:30	21:30	Live rock concert	Miklós Fekete	Smith Rock Family - selection from rock music's legends.

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June 10, 2017	Balatonfüred, Sports Hall	9:00	10:00	Practical	Gyula Zsiga	Complex exercises for using heavy balls in team handball training.
June 10, 2017	Balatonfüred, Sports Hall	10:00	11:00	Practical	Dr. Rolf Brack (EHF)	Concepts for 6vs5 numerical superiority in attack and for 5vs6 inferiority in defence.
June 10, 2017	Balatonfüred, Sports Hall	11:00	12:00	Practical	Dr. Rolf Brack (EHF)	Creative and innovative attack concepts by playing 2 and 3 pivots when 7 against 6.
June 10, 2017	Balatonfüred, Hotel Marina	12:30	13:30	Lunch		
June 10, 2017	Balatonfüred, Sports Hall	14:00	15:00	Practical	Dr. László Balogh	Performance diagnostics in competition or training environment.
June 10, 2017	Balatonfüred, Sports Hall	15:00	16:00	Theory	Gyula Zsiga	The roles and duties of a development coach, according to the new concept of HHF.
June 10, 2017	Balatonfüred, Sports Hall	16:00	17:00	Practical	Dr. Rolf Brack (EHF)	Most popular attack concepts and anticipative moves in defence.
June 10, 2017	Hotel Marina Bar	19:00	20:00	Round table discussion	Dr. Rolf Brack (EHF)	Actual handball matters, trends and tendencies in world handball.
June 10, 2017	Hotel Marina Bar	20:30	22:00	Match on TV	Bence Egyed	HUN-SVK VCh Qualifier.

Date	Venue	Starting time	Finishing time	Event	Presenter	Topic
June 11, 2017	Balatonfüred, Lecture room	9:00	10:00	Theory	Dr. Rolf Brack (EHF)	Coaching philosophy for success: Game, Training, Leadership.
June 11, 2017	Balatonfüred, Lecture room	10:00	11:00	Theory	Dr. Szabó Tamás	The human-biological parameters of the youth girls selected to the national team.
June 11, 2017	Balatonfüred, Lecture room	11:30	12:30	Theory	Gabor Schuth	Monitoring the actual performance of the players while training or playing.
June 11, 2017	Balatonfüred, Lecture room	12:30	13:30	Theory	Jenő Klucsó	Refereeing - the application of the playing rules, tendencies in world refereeing.
June 11, 2017	Balatonfüred, Sports Hall	13:45	14:30	Presentation of Licence	Imola Hikáde	
June 11, 2017	Balatonfüred, Hotel Marina	14:00	15:00	Lunch		